

# Chelsea Heartbeat

Issue No. 4 - 6 March 2026



## From the Desk of...

Once more, the term is flying by, and before you know it, we will be eating Easter eggs and hot cross buns! I'm not sure whether it is the excessive, virtually unbroken heat this year or whether we really do have a busier schedule than we used to, but the term feels packed full of galas, cricket and netball matches, pre-season training, and a myriad of extracurriculars and events.

Events such as grade picnics, study skills evenings, iPad safety workshops and parents' evenings have added to the busyness of the calendar. It was lovely to see our parents from both campuses relaxing and having fun at the Music Bingo function organised by our marketing department. The event was definitely enjoyed by all present, and thanks must go to the whole Chelsea team that puts it all together and then clears it all up afterwards!

I have also enjoyed chatting to parents watching Saturday sport, some of whom don't even have a child playing on the day, but just enjoy the excitement and enthusiasm of good quality pupil sport being played. Listening to the choir and Marimba band practising each week as the voices and notes fill the school is also one of the many joys and privileges of working at a school like Chelsea.

Congratulations to all our pupils who have been selected to play in zonal and KZN teams of their respective sports, both at Chelsea and in out-of-school disciplines. Well done to the pupils who wore their Scout uniforms on Baden Powell day. It was lovely to hear from some of the Scouts about the good skills and values still being learned, and all the different badges that they have achieved as they master these skills.

Our 10 Service Teams continue to serve in the different spheres of our school. They do so much good work behind the scenes, from setting up for events and galas to recycling paper, cardboard and plastic bottles, from working in the media centre to sorting through lost property and raising money for wheelchairs through bottle-top collections. This week sees a secret ballot taking place by each team that will result in the election of our Service Leaders for 2026. These are not necessarily the most popular children or best public speakers but are leaders through service with a focus on dedication, initiative, hard work and setting a good example. These 20 pupils will then attend a Leadership Camp to equip them with skills to fulfil their duties. We wish them good luck as they take on their new roles of responsibility and they continue to serve our school and community.

Recently, a Chelsea staff member, Mrs Fakroodeen, was asked to write an article for the Northglen News. It is a real testament to the fine balance required between being a nurturing mother to your own children (four in this case) and a dedicated teacher and coach to other people's children. I have asked Mrs F's permission to reprint the article for those of you who missed it. It is definitely food for thought, and I am in deep admiration of Mrs Fakroodeen, not just for her great writing skills but also for her endless patience and energy that she seems to have a never-ending supply of!

*Mrs Hilliar*  
*Deputy Principal*  
*Pastoral Care / Discipline*

Chelsea Values: *Respect | Make a Difference | Honesty and Integrity*



# Notices and Reminders

## Organise today, succeed tomorrow

Adheema Fakroodeen | Northglean News | 20 February 2026

*As the Head of Netball at Chelsea Preparatory School in Durban North and a full-time teacher, people often ask me, "How do you manage it all?" The answer isn't magic. It's routine, organisation, and accountability.*

I constantly remind my family and my players that the primary school years lay the foundation for the future. In our household, survival depends on building habits rather than obsessing over test marks. We focus on practical skills: listening, following instructions, and organisational discipline.

My children each have roles and responsibilities, from packing their own school lunches to loading the car the night before. Some might see a young child packing a lunchbox as risky – I see it as essential training. It shows them I trust their capabilities. And if they forget a spoon, they learn resilience and how to eat yoghurt with a fork.

Study habits are just as important as life skills. At home, we set aside consistent times for homework and reading, and I encourage my children to break larger tasks into smaller, manageable steps. Simple tools like checklists, visual schedules, and goal-setting help them stay organised and develop confidence. Learning becomes part of everyday life rather than a stressful, last-minute scramble. Active parenting is critical, but there's a fine line between support and hovering.

I see parents as navigation systems: guiding the route, not driving the car or completing the project for them. Taking over tasks to save time robs children of independence and confidence.

Of course, we have bad days. With four children, mistakes are guaranteed. The key is normalising failure as part of learning.

Criticism and comparison between siblings are strongly discouraged; every child develops at their own pace. Participation in sport balances early-life pressures, offering structure, teamwork, and perspective.

Ultimately, consistency is the most powerful tool we have. Simple systems used every day are far more effective than complicated plans used occasionally.

When the values taught at a school like Chelsea align with the habits practised at home, children feel supported rather than pressured.

So embrace the routine. Let them pack the messy lunchbox. Encourage them to tackle their homework step by step. Because today's organised schoolbag – and study habit – is tomorrow's organised life.



The Fakroodeen family believe in consistency, and each family member has roles and responsibilities.

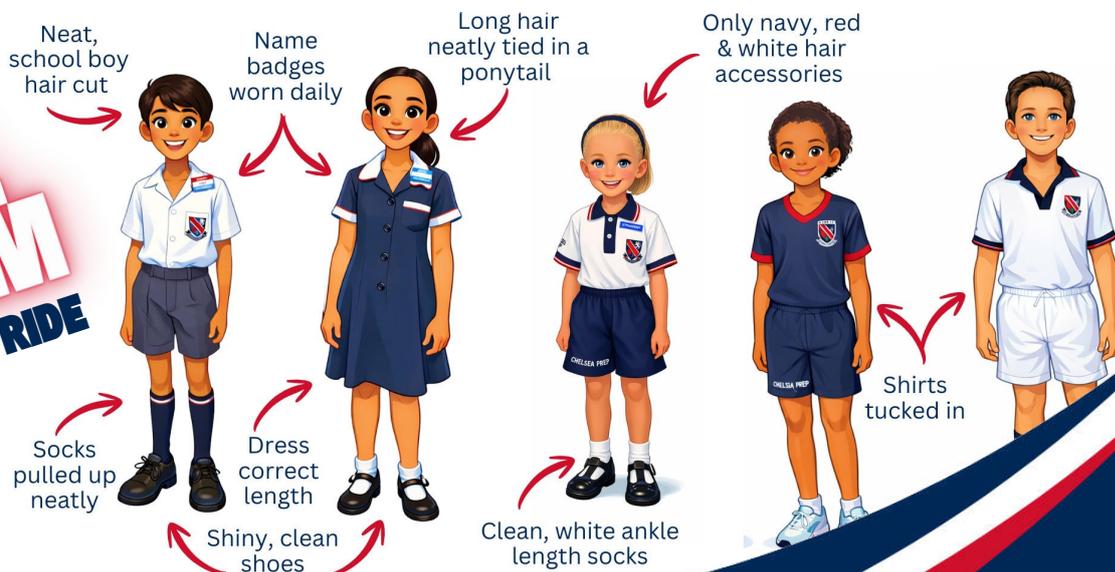
About Adheema Fakroodeen:

To the pupils shivering on the court each morning, she is affectionately, or perhaps fearfully, known as the serious netball lady. To the education sector, she is a veteran teacher of more than 20 years.



But when the whistle blows, and she heads home, Adheema is simply a mother trying to survive the beautiful chaos of raising four children, all under the age of 12. Chelsea Preparatory School was runner-up in The Best of Durban Readers' Choice Awards 2025 for Best Public School.

**WEAR YOUR  
SCHOOL  
UNIFORM  
WITH CHELSEA PRIDE**



# Sports Results

## Cricket

MotM = Man of the Match

### FESTIVAL: ANDILE PHEHLUKWAYO U13 CRICKET

T20	Atholl Heights U13A	178 / 6	O. Oertel - 3 / 23
	Chelsea U13B	132 / 6	
Atholl Heights won by 46 runs			
T20	Huttenpark U13A	123 / 10	J. McDonald - 3 / 11 D. Naicker - 3 / 23
	Chelsea U13B	126 / 3	N. Letord - 44 E. McLean - 41*
Chelsea won by 7 wickets			
T20	Chelsea U13B	239 / 4	N. Letord - 87* J. McDonald - 41 K. Siddall - 38
	Winston Park U13A	190 / 10	J. McDonald - 3 / 14 D. Naicker - 3 / 33
Chelsea won by 49 runs			
T20	Penzance U13A	147 / 10	
	Chelsea U13B	94 / 7	
Penzance won by 53 runs			
<ul style="list-style-type: none"> <li>• Dhiyan Naicker and James McDonald - 9 wickets in 4 games</li> <li>• Noah Letord - 138 runs in 4 games and Man of the Match in the Huttenpark and Winston Park games</li> </ul>			

### FESTIVAL: SAINTS CRICKET FESTIVAL

T20	St Charles U13A	113 / 6	
	Chelsea U13A	107 / 7	R. Kruger - 32
St Charles won by 6 runs		MotM - Robert Kruger	
T20	Ashton U13A	93 / 10	P. Anderson - 3 / 11
	Chelsea U13A	94 / 2	C. Mackay - 34*
Chelsea won by 8 wickets		MotM - Patrick Anderson	
50 Overs	Chelsea U13A	254 / 10	L. Dyer - 58 R. Kruger - 44 P. Anderson - 33
	St Peters College U13A	7 / 0	
Match Abandoned		MotM - Levi Dyer	
T20	Chelsea U13A	111 / 5	W. Gray - 35* R. Kruger - 35
	Laddsworth U13A	49 / 10	P. Anderson - 3 / 4 Z. Adam - 2 / 15
Chelsea won by 61 runs		MotM - Patrick Anderson	



Noah Letord - 138 runs in 4 games  
ANDILE PHEHLUKWAYO U13 CRICKET



Chelsea U13B  
ANDILE PHEHLUKWAYO U13 CRICKET



Chelsea U13A and Supporters  
SAINTS CRICKET FESTIVAL

# Sports Results

## Cricket

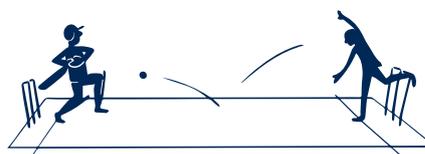
MotM = Man of the Match

### FIXTURE: GLENWOOD

T20	Chelsea U9A	202 / 3	G. Koeglenberg - 56* R. van Schaik - 28*
	Glenwood U9A	46 / 10	C. van Schalkwyk - 3 / 5 J. Johnson - 2 / 1
Chelsea won 156 runs		MotM - Gideon Koegelenberg	
T20	Glenwood U9B	73 / 10	T. Grant - 3 / 7 L. Marais - 2 / 27
	Chelsea	74 / 3	
Chelsea won by 7 wickets		MotM - Tyler Grant	
T20	Glenwood U9C	69 / 6	D. Williams - 4 / 6 S. van Pletzen - 2 / 12
	Chelsea U9C	73 / 1	C. King - 21*
Chelsea won by 9 wickets		MotM - Daniel Williams	
30 Overs	Chelsea U10A	266 / 6	W. Oosthuizen - 55 J. Hauptfleisch - 45
	Glenwood U10A	42 / 10	S. Smith - 6 / 11 N. Liebenberg - 2 / 12
Chelsea won by 224 runs		MotM - Sam Smith	
T20	Chelsea U10B		
	Glenwood U10B		
Match cancelled due to rain			
T20	Glenwood U10C	38 / 10	M. van Zyl - 6 / 14 A. Britz - 2 / 2 J. Dyer - 2 / 6
	Chelsea U10C	41 / 0	
Chelsea won by 10 wickets		MotM - Mateo van Zyl	
T20	Chelsea U11A		
	Glenwood U11A		
Match cancelled due to rain			
T20	Glenwood U11B	92 / 8	J. Williams - 3 / 10
	Chelsea U11B	93 / 2	T. Meyer - 32
Chelsea won by 8 wickets		MotM - Joel Williams & Troy Meyer	
T20	Chelsea U11C	176 / 4	A. Greyling - 32*
	Glenwood U11C	65 / 10	
Chelsea won by 111 runs		MotM - Landi Mhlongo	

### FIXTURE: GLENWOOD

T20	Chelsea U13A	213 / 3	R. Kruger - 52* C. Mackay - 50* D. Shotland - 47
	Glenwood U13A	85 / 10	P. Anderson - 4 / 6 B. Olivier - 3 / 18
Chelsea won by 128 runs		MotM - Christian Mackay	
T20	Glenwood U13B	84 / 9	G. Gibson - 3 / 27
	Chelsea U13B	86 / 5	
Chelsea won by 5 wickets		MotM - Gabriel Gibson	
T20	Chelsea U13C	201 / 10	R. Hawkins - 79
	Glenwood U13C	114 / 10	D. Swart - 3 / 16
Chelsea won by 87 runs		MotM - Ronan Hawkins	
T20	Chelsea U13D	204 / 7	S. Axelrad - 70 B. Cranna - 37*
	Glenwood U13D	89 / 9	D. du Preez - 3 / 16
Chelsea won by 115 runs		MotM - Sam Axelrad	
T20	Glenwood U13E	29 / 10	M. Nana - 3 / 4 B. Puttergill - 2 / 10
	Chelsea U13E	30 / 1	T. Joja - 25*
Chelsea won by 9 wickets		MotM - Mihir Nana	



# Sports Results

## Cricket

MotM = Man of the Match

### FIXTURE: NORTHLANDS

T20	Chelsea U9A				
Match Canelled due to rain					
T20	Northlands U9B	73 / 10	M. De Robbilard - 2 / 7 T. Grant - 2 / 8 W. Lekie Cuzen - 2 / 14		
	Chelsea U9B	77 / 3			
Chelsea won by 7 wickets MotM - Max de Robbilard					
T20	Chelsea U9C				
Match Canelled due to rain					
25 Overs	Chelsea U10A	163 / 10	J. Koegelenberg - 33 J. Hauptfleisch - 32		
	Northlands U10A	47 / 10	W. Oosthuizen - 2 / 8 L. McLean - 2 / 8		
Chelsea won by 116 runs MotM - Wian Oosthuizen					
T20	Chelsea U10B	201 / 5	C. Mathanlal - 47* L. Luizinho - 42 C. Powell - 33*		
	Northlands U10B	76 / 10	A. Spires - 2 / 5 M. Johnson 2 / 14		
Chelsea won by 125 runs MotM - Caleb Mathanlal					
T20	Chelsea U10C	222 / 0	N. McCrie - 52* F. Puttergill - 51*		
	Northlands U10C	33 / 10	D. Wardell - 5 / 2 M. van Zyl - 2 / 6 M. McMillan - 2 / 19		
Chelsea won by 189 runs MotM - Daniel Wardell					
30 Overs	Chelsea U11A	80 / 10	J. Kidd - 20*		
	Northlands U11A	81 / 7	J. Brokensha - 3 / 21		
Northlands won by 3 wickets MotM - Josh Brokensha					
T20	Northlands U11B	84 / 10	H. Brokensha - 3 / 10		
	Chelsea U11B	80 / 10			
Northlands won by 4 runs MotM - Hayden Brokensha					
T20	Chelsea U11C	130 / 8	J. Hensey - 32 S. Mabaso - 30		
	Northlands U11C	85 / 8	M. Wagener - 2 / 8 M. Chetty - 2 / 8		
Chelsea won by 45 runs MotM - Michael Wagener					
T20	Northlands U11D	71 / 8	K. Ishwarlaal - 2 / 6 Z. Berry - 2 / 9 M. Nkosi - 2 / 16		
	Chelsea U11D	72 / 4			
Chelsea won by 6 wickets MotM - Kedaar Ishwarlaal					

### FIXTURE: NORTHLANDS

30 Overs	Chelsea U13A	193 / 8	R. Kruger - 42 W. Gray - 40		
	Northlands U13A	83 / 10	Z. Adam - 5 / 20		
Chelsea won by 110 runs MotM - Zaahid Adam					
30 Overs	Chelsea U13B	209 / 10	K. Siddall - 50 G. Gibson - 30 D. Gale - 29		
	Northlands U13B	136 / 10	O. Oertel - 5 / 40 B. Olivier - 3 / 14 Z. Fakroodeen - 2 / 27		
Chelsea won by 73 runs MotM - Oliver Oertel					
T20	Chelsea U13C	233 / 10	R. Chapman - 71 T. Brokensha - 48 B. Thackeray - 45		
	Northlands U13C	65 / 10	R. Chapman - 3 / 11 J. Baijnath - 2 / 13 J. Ewels - 2 / 17		
Chelsea won by 168 runs MotM - Reece Chapman					
T20	Northlands U13D	78 / 10	B. Cranna - 2 / 2 D. Du Preez - 2 / 12 D. Khatri - 2 / 12		
	Chelsea U13D	79 / 8			
Chelsea won by 2 wickets MotM - Dante Du Preez					
T20	Chelsea U13E	232 / 4	R. Hawkins - 72* W. Bisschoff - 56* C. Turnbull - 37		
	Northlands U13E	44 / 10	C. Boshoff - 3 / 8 R. Whelan - 2 / 8 B. Putterfill - 2 / 13		
Chelsea won by 188 runs MotM - William Bisschoff					
T20	Chelsea U13F				
Match cancelled due to rain					
T20	Chelsea U13G	132 / 3	R. Badassy - 34*		
	Northlands U13G	68 / 7	Z. Mabaso - 3 / 6		
Chelsea won by 64 runs MotM - Zane Mabaso					



U10B

# Sports Results

## Action Netball

WEEK 6 & 7

TEAM	OPPOITION	SCORE	RESULT
U8 - 1	Penzance U8B	9 - 1	W
U8 - 3	Penzance U8B	15 - 0	W
U8 - 4	Crawford La Lucia U8A	2 - 8	L
U8 - 4	Crawford La Lucia U8B	2 - 13	L
U9A	Fatima U9A	9 - 7	W
U9B	Chelsea U9C	7 - 2	W
U9B	Ashton U9B	6 - 6	D
U9C	Fatima U9B	13 - 1	W
U9C	Chelsea U9B	2 - 7	L
U10A	Glenwood U10A	9 - 6	W
U10A	Virginia U10A	16 - 1	W
U10B	Crawford La Lucia	3 - 10	L
U10C	Maris Stella U10A	5 - 5	D
U10C	Reddam U10A	3 - 9	L
U11A	Virginia U11A	20 - 7	W
U11A	Glenwood U11A	16 - 13	W
U11B	Fatima U11A	7 - 7	D
U12A	Fatima U12A	22 - 9	W
U13A	Northlands U13A	20 - 6	W
U13B	Westville U13A	8 - 17	L
U13B	Glenwood U13B	10 - 18	L
U13C	Curro Salt Rock U13A	18 - 11	W

## Netball

C & D NETBALL: WEEK 5

TEAM	OPPOITION	SCORE	RESULT
U12 Blue	Ashton U12C	8 - 3	W
U12 Blue	Northlands U12D	8 - 5	W
U12 Blue	Durban North Primary U12A	8 - 8	D
U12 Red	Northlands U12C	0 - 9	L
U12 Red	Fatima U12C	2 - 1	W
U12 Red	Durban North Primary U12A	2 - 7	L
U13 Blue	Ashton U13C	4 - 5	L
U13 Blue	Northlands U13C	2 - 5	L
U13 Blue	Ashton U13D	7 - 5	W
U13 Red	Ashton U13D	9 - 3	W
U13 Red	Ashton U13C	0 - 8	L
U13 Red	Northlands U13D	8 - 1	W



## World Scout Day

Some of our pupils proudly wore their Scout uniforms to celebrate World Scout Day (Founder's Day) on 22 February 2026. This special day honours the legacy of Robert Baden-Powell and his timeless values of honesty, loyalty, kindness, and respect.



# Calendar

## 6 – 19 March 2026

ALL CALENDAR DATES ARE SUBJECT TO CHANGE. PLEASE KEEP UPDATED ON D6.

### FRIDAY 6 MAR 2026

- Service Team Meetings – vote for leaders
- Grade 1 Alphabet Dress Up Day
- Boris Show (Grades 4 – 7) (11h30)
- Cricket vs St Charles (JP/SP)
- Deadline for sibling enrolments for 2027

### SATURDAY 7 MAR 2026

- Cricket vs St Charles (JP/SP)
- U8 Mini Cricket Matches at Durban North College

### SUNDAY 8 MAR 2026

### MONDAY 9 MAR 2026

- Cricket Week vs Umhlali (JP/SP)
- Action Netball Matches: U11/U12/U13
- School Governing Body By-election (17h00 – Senior Campus Hall)
- 1st XI Cricket vs Virginia (at Chelsea at 16h30)

### TUESDAY 10 MAR 2026

- Grade 1 Excursion to Tin Shed
- Grade 3 Pupils' Orientation Day (08h15)
- Grade 3 Parents' Information Evening (18h00)
- Cricket vs Umhlali (JP/SP)
- U12/U13 North Durban Netball Trials at Atholton (Round 1)

### WEDNESDAY 11 MAR 2026

- Announce Service Leaders in Assembly
- Cricket vs Umhlali (JP/SP)

### THURSDAY 12 MAR 2026

- Rain date for U12/U13 Netball Trials (Atholton)
- Dads and Lads Cricket Evening (JP)
- U9 Gala at Umhlali
- Cricket vs Umhlali (JP/SP)
- Guppy Gala at Northlands Primary (Grade R, 1 and 2)

### FRIDAY 13 MAR 2026

- North Durban U11 Netball Trials (Chelsea)
- Rain date for Dads and Lads Cricket Evening (JP)
- Grade 2 Space Day

### SATURDAY 14 MAR 2026

- Rain date for North Durban U11 Netball Trials (Chelsea)
- Midlands Rugby Festivals (U9, U10, U11)
- U8 Mini Cricket at Durban North College

### SUNDAY 15 MAR 2026

### MONDAY 16 MAR 2026

- Academic Badge Collection (SP)
- Action Netball Matches: U13/U12/U11

### TUESDAY 17 MAR 2026

- Finance Committee Meeting
- Diskonto Book Sale (JP)
- Action Netball Matches: U10
- Umlazi Boys Hockey Trials (Riverside)

### WEDNESDAY 18 MAR 2026

- Diskonto Book Sale (JP)
- Umlazi Girls Hockey Trials (Riverside)

### THURSDAY 19 MAR 2026

- End of Ramadan (depending on moon sighting)
- Grade R Interhouse Gala (08h00)
- Grade 1 Interhouse Gala (10h00)
- Northlands Rugby/Netball Festival

